



**International
Budokai**

KARATE

Magazine

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WWW.INTERNATIONALBUDOKAI.COM



Welcome at the 4th edition of the International Magazine of the International Budokai, a Martial Arts Organization based on Full Contact Karate.

The main system is the **Kyokushinkai** Karate system but also BJJ, Kickboxing, Shi(n)dokan, Kenpokai and other Full Contact Karate based systems are a member of the International Budokai in different countries like The Netherlands, Latvia, Italia, Poland, Romania, New Zealand and Hungary.

Good things have happened since we have made the previous magazine. The International Budokai Website has been **updated daily**. Send all your **info** to internationalbudokai@gmail.com.

The site can be found under www.internationalbudokai.com, further we have created **International Budokai Country** pages on **Facebook**. Each affiliated country has an active facebook page. News that is posted on these pages will be posted on the central site. **PLEASE USE THESE PAGES** to promote the International Budokai.

We are happy to see that many dojo's and people use the Country pages. The **Hungarian** and the **Italian** members are doing a very good job with the International Budokai facebook pages.

Within 3 weeks our big event the **Open European Kyokushinkai Karate Championships** in The Hague Netherlands will be hosted for the 26th time. You can still register Senior fighters to participate. Also before the big event we host a small Junior Matchmaking tournament. For more info contact us.

A Tale from Japan 2016:

By Sempai Senol

I have always been fascinated with Japan, when i started in the Kamakura dojo and heard the stories of Kancho Gordeau and his brothers Hanshi Nico and Shihan Ally. I was hooked. But we al know the disappointing sides of fighting in Japan like judging and dictator like organizations. After fighting here a couple of times and visiting Many times i wanted to see for myself what the situation is now a days. I asked Kancho and he told me: go and see for Yourself. Visit friendly organizations and make new friends for Yourself and the International Budokai. Being trained in the "Gordeau" style and Knowing al my predecessors in the Kamakura dojo. It is safe to say that i never doubt our way. And the Gordeau way together with other great teachers like Shihan Ziga, Sensei Stoppa, Sensei Pepels, Sensei Idu, Shihan Mazowiecki and Many more I know that we can be Proud at our organization.

Day 1

My journey in Japan starts on a Friday in January. In the evening I have an appointment to train with a Kempo style group called Kenshinkan. When I arrive, I get treated with hospitality. The training on this evening consists of balancing and self-defence exercises. After 20 minutes it is clear to me. The way of thinking differs from our way (Kyokushin , Shidokan). But that is great, because they see things from another point of view. In my opinion the first training was a success. After the training Kancho Hayama and his group took me out to dinner and we had a very good time.

Day 2

Today I was a guest at the Murakami dojo. I had a cardio workout planned on the heavy bag and I had permission to use their dojo. After meeting with Krisztian, a Hungarian living in Japan. I could start my workout in this Shidokan dojo. I got to train with one of their fighters called Muhon a Nepalese fighter that resided in Japan. We had a good time and a fine workout. After the training we went to an sushi place in the Itabashi Ku area. It is becoming obvious to me that it is custom in Japan to take your guest out to dinner after the conducting of business. Lucky me :)

Day 3

Youth tournament

I was invited to a youth and beginner's tournament in the Minato region. When I arrived I was pleasantly surprised. First the location, it was a new multi-complex. A 8 story building with 6 floors dedicated to sport. And Guess what the designation of the 4th Floor was ? MARTIAL ARTS ! An entire Floor for martial arts. Some Parts where usable for all kinds, ranging from Judo to Karate and more. But Also space dedicated to weapon arts like Kendo and the traditional bow and arrow practices (Kyudo). There are country's that understand the need for diversity in sports. Then the tournament, it was a regional tournament with an good level of youth fighters. To my surprise there where a lot of styles attending this event ranging from Kenpo, Kyokushin and Enshin Karate. With poules in different divisions and rules. The Kenshinkan organization was the host of this event. And they did a Very good job. For instance, there were 2 tatami's. Normally that would be a ticket to a very late ending event. But no, it went smooth and fast. Fighting, result, Prize and a division done. O and it started on time, 10:30 is 10:30 and not 12:30.

Spirit

The way the people attending the tournament is crucial for the atmosphere. Here when the lunch break started all the people sat down on the floor surrounding the tatami's and ate their lunch together. Normally after a tournament the hall had to be cleaned by professionals but here everything was as clean as that it was when they came in. Al things considered it was not the fighting level that is different from our own, but the mentality that derives from the Japanese culture that is.

To my surprise I was invited and considered an official. To be honest I have never been in an official role, I am just a fighter trained by Gordeau. To make things even more exiting the asked me to do an Kata demonstration and a speech. So to Sum things up i had to be a representative of the International Budokai, hold a speech and do a small demonstration. For those of you who know me, I am not a role model representative. I am a fighter. I am no Kata man and certainly no public speaker. But as Kancho Gordeau would expect of me, I tried my best. Speaking of how we in the International Budokai think about things like cooperation with others and his vision about Kata. Al with al a good day with Surprises.

Next stop: Kyokushin !

Day 4

Osaka

When I arrived in Osaka, I visited the Takao dojo. This dojo is one of four in the region. Chief of these dojo's is Shihan Takao. Shihan Takao is a highly experienced fighter from the days of Francisco Filho and Hajime Kazumi. His teacher is Makoto Nakamura. With an excellent fighter record my expectations were high. The dojo I visited was a Japanese style dojo, in a street next to shops with Kyokushin markings on the window. Just like any other shop that

Belongs in an Osaka neighbourhood. The training was well balanced and the instruction quality was what you would expect from a Kyokushin Shihan. In the youth class, his instructions were well explained and motivating. Exactly what you need in a youth class. In the senior class, there was a high pace in Kihon and Kata. The kumite part of the training was clear and well instructed. Good explanation on technique and why it has to be practiced like this. After the training the group took me out to dinner where we talked about Karate in Japan and raw chicken.

Day 5

The next day I was welcomed in another Kyokushin dojo in Osaka. The leader of this dojo was Shihandai Kobayashi, a student of Shihan Nakamura. The instruction was clear and interesting. The colourful way the Shihandai explained the theory behind the techniques was with the same enthusiasm as Shihan Takao did the day before. A strong technical dojo with much experience.

Day 6

After Osaka it was time to head back to Tokyo. The next location I wanted to visit there was the Zendokai Karate dojo, in this dojo they trained a mix of karate and mma. Although they were very friendly, it was a disappointing trip. They maintained a policy that non-members cannot participate in the training. These policies are not unheard of especially in mma and kickboxing dojos. Too bad because these policies and the reasons that they are being used has nothing to do with Bushido.

Day 7

Another visit to the Murakami dojo, a pad training with one of Japan's top fighters Kyohei Morizane. The training was quite diverse and accompanied by our friend, organizer Krisztian Foldi the workout was very good. Keeping in mind that the Murakami dojo is one of the best Shidokan dojos in Japan.

Day 8

A submission Karate training together with Kancho Hayama was the goal of my visit to the Koenji area in Tokyo. A very interesting training with techniques I already knew but also new techniques. What was interesting in the training was the detail and attention to the way you ensure and initiate for example, an arm bar from a top position. We are never too good for the basic views on techniques. His open point of view is a thing that we share in the International Budokai. Afterwards he took me and my family out for okonomiyaki, a typical Japanese dish that can be compared with a mix of an omelette and a pancake.

Day 9

A visit to one of Japan's most famous martial arts shops, the Budo shop in the Ikebukuro neighbourhood. The owner of the shop, Yoshiki Kakuta is an old time friend of the Gordeau's. Years ago Kancho Gerard introduced me to Kakuta san. And since then whenever we visit Tokyo we also visit the shop. Except from having the best Kyokushin/ Full contact gi there is. The Budo shop also specializes in Katana's and other martial arts supplies. What I personally like is that whenever we visit we always have a talk, sometimes short sometimes long. We talk about the martial arts situation in the past and now. About the new generation and how some things are different in our regions, we have a lot in common.

Day 10

A training in the Murakami dojo was scheduled today. It was a great training given by

Yukucho Murakami. Their technical view is Very practical and based on experience in the ring. So together with 3 other fighters we had a great workout that had everything in it, cardio, power, stamina and technique. They also had Some great souvenirs for in our dojo.

All with all it was a great trip with good trainings and experiences.

Special thanks goes out to Kuni, Osaka dojo's special friend in Japan.

OSU
Sempai Cem Senol



Kancho On Tour:

Kancho Gordeau was on tour this Winter. After he visited Hungary, Italia and Poland, he visited Iran for the First time to meet with the International Budokai members and dojo's. Kancho gave several Kyokushinkai Karate, Bjj (with Sempai Smit) and Kickboxing (with Merdas) seminars at different dojo's and locations to bring quality to this country. On the website you can find pictures.



International Budokai Secretary Office:

At many events of the International Budokai you can find Sempai Frank Van Eijndhoven together with Kancho Gordeau. You can talk to Sempai Frank for International Budokai Memberships and cards. He can give you more info about everything about the International Budokai. Osu



Sempai Frank on the left side of Kancho Gordeau together with other International Budokai Dutch Instructors. Osu

International Budokai Instructors:

Instructors marked with * are from another organization then the International Budokai

Name Level certificate number:

1. Lammert Meinema shihan A 2015001
2. Cor Haan sensei A 2015002
3. Dimitri Sennema sempai A 2015003
4. Dennis Damen sempai B 2015004
5. Adrian Cotofan sempai B 2015005
6. Frank van Eijndhoven sempai B 2015006
7. Mano Kok sempai C 2015007
8. Zsolt Zsiga shihan A 1500820
9. Pál Németh sensei A 2015009
10. Csaba Hankovszki sensei A 2015010
11. János Kollár sensei A 2015011
12. Róbert Máté sensei A 2015012

13. György Horpácsik sensei A 2015013
14. Adrienn Kreutzer sensei A 2015014
15. Zoltán Kivés sempai B 2015015
16. Csaba Molnár sempai B 2015016
17. Norbert Kiss sempai B 2015017
18. Zoltán Szappanos sempai B 2015018
19. Csaba Veres sempai B 2015019
20. Murat Onen sensei A 2016020
21. Hainalka Magon sempai B 2015021
22. Gábor Nagy sempai C 2015022
23. Csaba Biró sempai C 2015023
24. Attila Olasz sempai C 2015024
25. Gábor Tóth sempai B 2015025
26. Dávid Bertalan sempai C 2015026
27. Duncan Smit sempai C 2016027 B.J.J.
28. Ron Hek sempai B 2015028
29. Cem Senol sempai B 2015029
30. Artur Wieszowski shihan A 2015030
31. Z. Szkopiak shihan A 2015031
32. Mirosław Jedrowski sensei A 2015032
33. Robert Gazdzik sempai B 2015033
34. Zbigniew Dabrowski sempai C 2015034
35. Jedrowska Marta sempai C 2015035
36. Dorota Perz sempai C 2015036
37. Margan Jerzy sempai C 2015037
38. Mitaszewski Wiesław sempai C 2015038
39. Mertayne Gazdzik sempai B 2015039
40. Faroek Idu sensei A 2015040
41. Machiel v.d. Kruijk sempai C 2015041
42. Almer v.d. Leeden sempai C 2015042
43. Fedor Klomp sempai C 2015043 kickboksen
44. Mischa Martisiosian sempai C 2015044 kickboksen
45. Juri Villani sempai B 2016045
46. Giacomo Crasti sempai B 2016046
47. Paolo De Cinto sempai B 2016047
48. Luca Di Palma sempai B 2016048
49. Marco Catani sempai B 2016049
50. Zsiga Zsolt jr. sensei A 2015050
51. Kerekes Gábor sempai B 2015051
52. Gattyán Norbert sempai C 2015052
53. Bácskai Károly sempai C 2015053
54. Nagy Krisztián sempai C 2015054
55. Gyarmati Imre shihan A 2015055*
56. Tóth Zsolt shihan A 2015056*
57. Brezovai Sándor shihan A 2015058*
58. Dmitry Savelyev sensei A 2015057 WFKO*
59. Michele Del Fiol sempai C 2016059
60. Adrea Stoppa sensei A 2016060



Belgium Shinkyokushin Champions International Budokai:

A Dutch International Budokai team with Sensei Robert Pepels and Sempai Ron Hek from Ashigaru and Osaka Dojo's entered the Open Belgium Shinkyokushinkai Championships Averbode Belgium with 5 fighters. Mex Steens (Ashigaru) and Dave Kagenaar (Osaka) became Belgium Champions winning the first place Lightweight Juniors and Heavyweight Seniors. Vlad Dvoretzkiy (Ashigaru) became 3rd place Seniors Lightweight. Osu



REMEMBER:

Open European Championships
KYOKUSHINKAI: KARATE
SUNDAY MARCH 20 2016



26th Edition
Hosted by Honbu Kamakura
The Hague Netherlands

Instructor Ranks. We have created an instructor system in Kyokushinkai Karate / Full Contact Karate and all-round members from other systems. The certification can be obtained at an International Budokai event, or at the Honbu Dojo Kamakura The Hague Netherlands. You will receive the paper certificate and your name will be registered. For details see the website. Send application (name, dojo, grade, country, system) to internationalbudokai@gmail.com Osu

Remember use **ONLY** the new Official International Budokai email address:
internationalbudokai@gmail.com

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